

ROMANCE FLOURISHES AT BERMUDA'S CAMBRIDGE BEACHES RESORT & SPA

SOMERSET, Bermuda (Oct. 2009) – For the perfect romantic getaway, try the Sensual Journey Experience at Cambridge Beaches Resort & Spa, Bermuda.

Set on a 30-acre peninsula on Bermuda's western coast, Cambridge Beaches provides the perfect backdrop for couples seeking the luxury of uninterrupted time together. This AAA-Four Diamond is the island's only resort catering exclusively to adults. Couples return time and again for romantic indulgences that include moonlight dinners on a secluded beach; plush oceanfront cottage suites with private plunge pools; award-winning spa; and champagne picnic lunch in a tropical garden hideaway.

Sensual Journey

Beginning with fresh-cut Bermuda flowers in your cottage suite, the Sensual Journey awakens all the senses. The experience pampers couples with offerings that include:

- **Private Butler Service** – A private butler will be available to cater to guests' needs, so couple's can just relax and enjoy the journey.
- **Champagne Breakfast** – A toast to romance, this breakfast in bed features sensual foods like strawberries, fresh figs, plums and chocolate croissants. Side bowls of warmed honey and melted chocolate add to the tasty pleasures.
- Slip into a plush spa robe and slippers, and let a member of the spa team escort you to Ocean Spa at Cambridge Beaches, recognized by Conde Nast Johansen guide as a Most Excellent Spa for the Caribbean.
- **The Experience Suites** - Your journey begins in the Aquarian Baths with a flute of sparkling hibiscus flower water. Then it's off to the Experience Suites, a private retreat providing some one on one time with your partner. Relax and reconnect with the unique ten-minute Sauna Ritual that features aromatic waters infused with wild lavender, rosemary and thyme grown on property.
- **Guide to Couple's Massage** – Next, in the Spa Suite, your spa therapist will guide you in the art of massage. Whether your focus is back, shoulders, neck or feet, treatments are personalized to each couple and enhanced by candles, music, and aromatherapy and massage oil.
- **Romantic Picnic** – The resort's hidden labyrinth and secret garden, Seaview, is the lush tropical setting for an intimate champagne picnic lunch. Relax and while away the hours together in this nature preserve, vibrant with flowers and outfitted with blanket, cushions and lounge beds.
- **Couples Spa Pagoda Treatment** – The Ocean Spa Pagoda sets the stage for this 80-minute treatment enhanced by the sounds of the surf, cool ocean breezes and scent of the surrounding flora. Couples can choose from a range of 80-minute, relaxing and reconnecting spa therapies.

- **Private Candlelit Dinner** – Top off the day with a moonlight dinner on a secluded beach lit by the dancing flames of tiki torches and serenaded by the sounds of gently lapping waves. Your table provides front-row seats to a spectacular Bermuda sunset. Pleasing the palate is a three-course meal by the resort’s Tamarisk Restaurant, recognized by *Food & Wine* magazine as one of Bermuda’s best.
- **Spa Turndown Gift** – Cambridge Beaches strives to fill each stay with treasures that can last a lifetime. Compliments of the Ocean Spa, the couple will receive a special gift that awaits you to remind you of your experience.

The Sensual Journey Package is \$1,280 as an add-on to accommodations. The package requires a minimum three-night stay and is available throughout the year. Cambridge Beaches’ nightly rates start at \$385 for a spacious water-view room. Complimentary daily breakfast and Afternoon Tea are included in the price.

While at Cambridge Beaches, guests can explore galleries and boutique shops at the nearby historic Royal Naval Dockyard Clocktower Mall. Or, they can play a round of golf at the Port Royal Golf Course, ranked among the world’s best public course by *Golf Digest* and located just five minutes from the resort.

Less than two hours from many East Coast cities, Bermuda offers direct flights from New York, Boston, Philadelphia, Charlotte, Atlanta, Miami, Toronto and other major U.S. cities.

For additional information and reservations visit www.cambridgebeaches.com or call **1-800-468-7300**.

About Cambridge Beaches Resort & Spa

Cambridge Beaches Resort & Spa is a AAA Four Diamond resort, ranked by *Travel & Leisure* in the Top Ten of the World’s Best Hotels for service. Set on a 30-acre peninsula at Bermuda’s western coast, Cambridge Beaches provides a delightfully private ambience. As the island’s premier cottage resort, it offers 94 spacious rooms in Bermuda-style, pink stucco cottages, each with a unique décor and private terrace or patio offering sweeping garden or ocean views.

Designed for romantics of all types, Cambridge Beaches aims to turn a simple stay into a transformation that will last a lifetime. Guests return time and again for amenities that include: an award-winning European-style spa; casual and fine dining, including the Tamarisk Restaurant, rated by *Food & Wine Magazine* as one of Bermuda’s best restaurants; four private, white-sand beaches; nature preserve; marina (seasonal); bar; afternoon tea in the historic main house; ocean-view suites with private plunge pools; bay-front infinity pool with cascading waterfall and secluded tiered decks; and hidden labyrinth and picturesque Seaview Gardens. For additional information visit www.cambridgebeaches.com or call **1-800-468-7300**.

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Media Contacts:

Jeanette Chin, Ypartnership Public Relations, jeanette.chin@ypartnership.com, 917-538-3266,
Sharlet Brennan, Ypartnership Public Relations, sharlet.brennan@ypartnership.com, 407-838-1707