



CAMBRIDGE BEACHES RESORT & SPA

CAMBRIDGE BEACHES WELCOMES NEW CHEF KEITH DE SHIELDS SOMERSET, Bermuda (June 2010)

Cambridge Beaches Resort & Spa [Cambridge Beaches Resort and Spa](#) welcomes new Chef Keith De Shields, who will be overseeing all the AAA Four Diamond Resort's acclaimed dining outlets including Tamarisk Room and Breezes Restaurant. Having begun his career as a Chef at the Culinary Art of Gastronomy at Bermuda College, De Shields, is excited about his return to the island and his new role as Executive Chef for Cambridge Beaches Resort & Spa.

Prior to his new position at Cambridge Beaches Resort & Spa, De Shields was the *Chef de Cuisine at the luxurious Kempinski Grand Hotel Heiligendamm in Germany. Here, De Shields, worked alongside Michelin Star Chef Ronny Siewart for more than 3 years cultivating his culinary expertise.*

De Shields has spent the past 12 years in Europe, working with some of the world's most celebrated Chefs. He is especially fond of cooking Caribbean and Creole influenced dishes, as it is part of his heritage, and enjoyed classic French cuisine. De Shields strives to create memorable dining experiences for his guests and enjoys creating elegant yet innovative dishes that reflect his passion for food and commitment to excellence. He is a graduate of Culinary Institute of America at Hyde Park, NY.

Cambridge Beaches provides an authentic Bermuda escape, enjoyed without the demands or distractions of children, as Bermuda's only resort that caters exclusively to adults.

Exemplifying luxury at its finest, the resort is set on a lush, 30-acre peninsula on the western coast of Bermuda. Cambridge Beaches boasts 94 spacious accommodations in traditional pink Bermuda cottages; four private beaches; vibrant gardens and nature preserve; and spectacular water views from every vantage point of the property. Whether one is seeking activity or tranquility, Cambridge Beaches beckons with a wealth of amenities and activities, including a

10,000 sq. ft. Ocean Spa, seasonal onsite marina, sailing excursions, kayaking, croquet lawn, putting green, tennis courts, indoor and outdoor swimming pools and on-site bicycle and moped rentals.

Additionally, guests can explore galleries and boutique shops at the nearby historic Royal Naval Dockyard or play a round of golf at the Port Royal Golf Course, home to the 2010 PGA Grand Slam of Golf. Ranked among the world's best public courses by *Golf Digest*, the Port Royal is just five minutes from the resort.

Less than two hours from many East Coast cities, Bermuda offers direct flights from New York, Boston, Philadelphia, Atlanta, Miami, Toronto and other major cities in the U.S. and Canada. For additional information and reservations visit www.cambridgebeaches.com or call **1-800-468-7300**.

About Cambridge Beaches Resort & Spa

Cambridge Beaches Resort & Spa is a AAA Four Diamond resort, ranked by *Travel & Leisure* in the Top Ten of the World's Best Hotels for service. Idyllically set on a 30-acre peninsula at Bermuda's western coast, Cambridge Beaches provides a beautiful and tranquil setting for guests. Bermuda's only resort catering exclusively to adults, the premier cottage resort offers 94 elegantly appointed rooms in Bermuda-style, pink stucco cottages, each with a private terrace or patio offering sweeping ocean views. Guests return time and again for the world-class amenities that include: award-winning spa; three dining venues including the Tamarisk Room, rated by *Food & Wine Magazine* as one of Bermuda's best restaurants; four private beaches; marina; afternoon tea in the historic main house; ocean-view suites with private plunge pools; bay-front infinity pool; nature preserve and picturesque Seaview Gardens. For additional information visit www.cambridgebeaches.com or call **1-800-468-7300**.

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Media Contacts:

Jeanette Chin, Ypartnership Public Relations, jeanette.chin@ypartnership.com, 917-538-3266

Sharlet Brennan, Ypartnership Public Relations, sharlet.brennan@ypartnership.com, 407-838-1707