



The Courier

January 14-20, 2026

Food & Beverage

BREAKFAST

SHORELINE | 8:00am - 10:30am* (Monday - Saturday)

SHORELINE | 8:00am- 10:00am (Sunday)

THE PARLOUR | Coffee & Tea 7:00am - 10:00am

PASTEL | Coffee & Pastries 10:30am - 12:00pm

BRUNCH

Sunday Roast Brunch | 12:00pm - 3:00pm

LUNCH

PASTEL | 12:00pm - 5:00pm*

AFTERNOON TEA

THE PARLOUR | 4:00pm - 5:00pm

Tea & Cookies (complimentary)

High Tea (recommended to pre-order)

DINNER

SUNKEN HARBOR CLUB | 6:00pm - 9:00pm*

PASTEL | 6:00pm - 9:00pm* (Closed January 17th)

Reservations are required. Dial ext. 0.



IN-COTTAGE DINING

Breakfast 8:00am - 10:30am*

Cottage Menu 12:00pm - 9:00pm*

Dial ext. 279 | Delivery Fee of \$5 per order

* Last order

COCKTAILS

PASTEL | 11:00am - 9:00pm* (Closed from 5pm on January 17th)

SUNKEN HARBOR CLUB | 4:00pm - 11:00pm

(Sunday - Thursday)

4:00pm - 12:00am (Friday- Saturday)

Ocean Spa

10:00am - 5:00pm | Wednesday - Monday | Dial ext. 241 | Ocean Spa is closed on Tuesdays.

Aquarian Baths | Open Daily 7:00am - 10:00pm | Adult Only from 7:00am - 5:00pm

Ocean Spa Special: Relax, Refresh & Revive

Focus for the New Year with our Energizing massage, using essential oil to recharge, refresh and restore your mind and body. 50 minutes \$120 plus 17% service charge.

Oleander Cycles

Scooter & electric car rentals | Adjacent to Main House | Open Daily 9:00am - 5:00pm

Book online with QR code | Dial ext. 352 | www.oleandercycles.bm



H2O Sports

Watersports rentals and private charters | Open by reservation (weather permitting).

Tel. (441) 234-3082 | www.h2osportsbermuda.com



General Information

FRONT DESK | 6:30am - 12:00am

Dial ext. 0 or email frontdesk@cambridgebeaches.com

IN CASE OF AN EMERGENCY outside Front Desk hours dial ext. 246

CAMBRIDGE BEACHES PHONE NUMBERS:

Main Number | (441) 234 0331

Guest Rooms | (441) 234-1516 + Room Number

In-room Voice Mail | Dial 111 when light is blinking

GIFT SHOP | 8:00am - 11:00pm (Main House)

INFINITY & INDOOR POOL & FITNESS CENTER/GYM:

7:00am - 10:00pm | Aquarian Baths

7:00am - 5:00pm: The Indoor Pool is adults-only (13 years and up)
5:00pm - 10:00pm: Family-friendly, welcoming guests of all ages

=> Please do not reserve lounge chairs. Seating is first-come, first-served.

=> Swim at your own risk; no lifeguard on duty.

WI-FI ACCESS: Network: Cambridge Beaches | Password: Bermuda441

TAXIS & PUBLIC TRANSPORTATION:

Advance taxi bookings are required! Please contact our Front Desk Team with at least 30-min. notice or download the "Hitch" or "BTOA!" apps on your mobile device to book your own! For Bermuda's bus & ferry schedule, download ShoreLink.



WATER STATIONS:

Stay refreshed throughout your stay! Water stations are conveniently located at Guest Reception, the Spa and Sports Courts.



Things To Do

Beach Cleanup – Collect a bag and gloves from the Front Desk
Perks: A 4-Ocean bracelet as a thank-you gift and a complimentary Rum Swizzle or Dark & Stormy.

World's Culinary Masters Series: 6:30pm on Saturday, January 17th in Shoreline. An exclusive event at \$195 per person plus gratuities, including wine pairing(s).

FOLLOW US and tag us in your posts! #CambridgeBeaches
@CambridgeBeaches | @SunkenHarborClubBermuda |
@Pastel.Bermuda



Entertainment

Sunday: Willy Robinson on the Guitar | 12:00pm-3:00pm at Shoreline

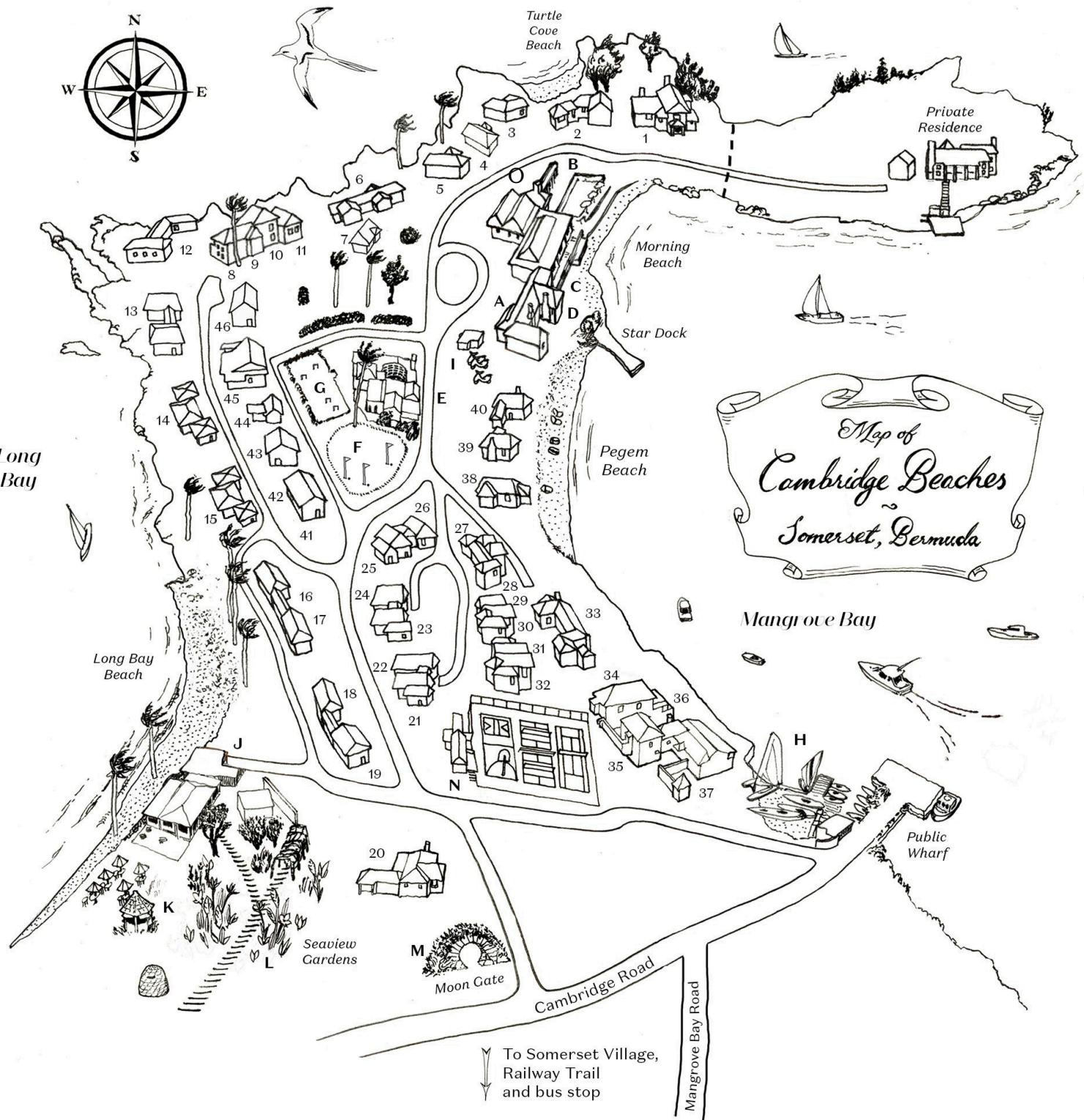


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Public Buildings

- A. The Main House
 - Guest Reception, Mangrove Bay Parlor
 - Repeat Guest Wall
- B. Pastel Bar & Café & Pool
- C. Shoreline Restaurant
- D. Sunken Harbor Club
- E. Ocean Spa & Aquarian Baths
 - Indoor Pool, Hot Tub, Gym
- F. Putting Green
- G. Croquet Lawn
- H. H2O Sports Marina
- I. Oleander Cycles Rental Shop
- J. Breezes Al Fresco Restaurant & Bar
- K. Sundowner Lounge & Swizzle Hut
- L. Chef's Garden
- M. Moon Gate
- N. Tennis, Pickleball & Basketball Courts
- O. Executive Boardroom



Accommodations

1. Windswept	24. Palmetto
2. Turtle Cove	25. Cedar
3. North Rock	26. Morning Glory
4. Bay Grapes	27. Bluebird
5. Sunset	28. Kiskadee
6. Longtail	29. Cardinal
7. Tamarisk	30. Heron
8. Skeeters	31. Swallow
9. Vanderpool	32. Flamingo
10. Emmet	33. Pegem
11. Maybury	34. Docks
12. Westerly	35. Coburn
13. Cove	36. Mangrove Bay
14. Daniel's Head	37. Les Rev
15. Long Bay	38. Easterly
16. Juniper	39. Oleanders
17. Croton	40. Sunrise
18. Hibiscus	41. Symons
19. Jacaranda	42. Galloway
20. Bay	43. Tatem
21. Frangipani	44. Vissenga
22. Poinciana	45. Gray
23. Lily	46. Hunt