

## GENERAL INFORMATION

FRONT DESK | 6:30am - 12:00am - Dial ext. 0 or email [frontdesk@cambridgebeaches.com](mailto:frontdesk@cambridgebeaches.com)

IN CASE OF AN EMERGENCY outside Front Desk hours, dial ext. 246

HOUSEKEEPING | 8:00am-10:00pm - Dial ext. 0

CAMBRIDGE BEACHES PHONE NUMBERS:

Main Number | (441) 234 0331

Guest Rooms | (441) 234-1516 + Room Number

In-room Voice Mail | Dial 111 when light is blinking

GIFT SHOP | 8:00am - 11:00pm (Main House)

INFINITY & INDOOR POOL & FITNESS CENTER/GYM:

7:00am - 12:00am | Aquarian Baths

7:00am - 5:00pm: The Indoor Pool is adults-only (13 years and up)

5:00pm - 12:00am: Family-friendly, welcoming guests of all ages

=> Please do not reserve lounge chairs.

Seating is first-come, first-served

=> Swim at your own risk; no lifeguard on duty

WI-FI ACCESS:

Network: Cambridge Beaches I

Password: Bermuda441

TAXIS & PUBLIC TRANSPORTATION:

Advance taxi bookings are required! Please contact our Front Desk Team with at least 30-

min. notice or download the "Hitch" or "Taxi" apps on your mobile device to book your

For Bermuda's bus & ferry schedule,

download ShoreLink.

WATER STATIONS:

Stay refreshed throughout your stay! Water stations are conveniently located at Guest Reception, the Spa and Sports Courts.



# The Courier

## FOOD & BEVERAGE

### BREAKFAST

SHORELINE | 8:00am - 10:30am\*

THE PARLOUR | Coffee & Tea 7:00am - 10:00am

PASTEL | Coffee & Pastries 10:30am - 12:00pm

### LUNCH

BREEZES | 12:00pm - 3:00pm\*

BREEZES SNACK MENU | 12:00pm-4:00pm\*

PASTEL | 12:00pm - 5:00pm\*

SUNDOWNER HUT | 12:00pm-5:00pm\*

### AFTERNOON TEA

THE PARLOUR | 4:00pm - 5:00pm

Tea & Cookies (complimentary)

High Tea (recommended to pre-order)

### DINNER

SUNKEN HARBOR CLUB | 6:00pm - 9:00pm\*

PASTEL | 6:00pm - 9:00pm\* (Closed on Sunday)

BREEZES | 6:30pm-9:30pm\* (Closed on Tuesday and Friday)

Reservations are required. Dial ext. 0



### IN-COTTAGE DINING

Breakfast | 8:00am - 10:30am\*

Cottage Menu 12:00pm - 9:00pm\*

Dial ext. 279 | Delivery Fee of \$5 per order

### COCKTAILS

BREEZES | 12:00pm - 5:00pm\*

PASTEL | 11:00am - 9:00pm\* (Monday-Saturday)

PASTEL | 11:00am - 4:30pm\* (Sunday)

SUNKEN HARBOR CLUB |

4:00pm - 11:00pm (Saturday-Thursday)

4:00pm - 12:00am (Friday)

\* Last order

## THINGS TO DO

Beach Cleanup – Collect a bag and gloves from the Front Desk

Perks: A 4-Ocean bracelet as a thank-you gift and a complimentary Rum Swizzle or Dark & Stormy.



FOLLOW US and tag us in your posts!

#CambridgeBeaches @CambridgeBeaches I

@SunkenHarborClubBermuda I

@Pastel.Bermuda

### OCEAN SPA

9:00am - 5:00pm Daily | Dial ext. 241

Aquarian Baths | Open Daily 7:00am - 12:00am |

Adult Only from 7:00am - 5:00pm



Ocean Spa Special: 80-minutes Body M.O.T Morning or Afternoon Package \$234 inclusive of gratuities

### OLEANDER CYCLES

Scooter & electric car rentals | Adjacent to

Main House | Open Daily 9:00am - 5:00pm

Book online with QR code | Dial ext. 352 |

[www.oleandercycles.bm](http://www.oleandercycles.bm)



### H2O SPORTS

Watersports rentals and private charters |

Open Daily 9:00am - 4:00pm (weather

permitting) | Book online with QR code |

Call (441) 234-3082 for same-day bookings

[www.h2osportsbermuda.com](http://www.h2osportsbermuda.com)



### ENTERTAINMENT

SUNDAY - 6:30pm - 9:30pm:

Tony B on the guitar at Breezes

THURSDAY - 6:30pm - 9:30pm:

Mike Hind on the ukulele at Breezes

April 29-May 5, 2026

ACCOMMODATIONS

- [ ] 1. Windswept
- [ ] 2. Turtle Cove Suite
- [ ] 2. Turtle Cove South
- [ ] 3. North Rock
- [ ] 4. Bay Grapes
- [ ] 5. Sunset
- [ ] 6. Longtail Suite
- [ ] 6. Longtail West
- [ ] 6. Longtail East
- [ ] 7. Tamarisk
- [ ] 8. Skeeters Suite
- [ ] 8. Skeeters
- [ ] 9. Vanderpool Suite
- [ ] 9. Vanderpool
- [ ] 10. Emmet Suite
- [ ] 10. Emmet
- [ ] 11. Maybury Suite
- [ ] 11. Maybury
- [ ] 12. Westerly Suite
- [ ] 12. Westerly South
- [ ] 12. Westerly North
- [ ] 13. Cove Suite
- [ ] 13. Cove South
- [ ] 13. Cove North
- [ ] 14. Daniels Head H
- [ ] 14. Daniels Head E
- [ ] 14. Daniels Head A
- [ ] 14. Daniels Head D
- [ ] 15. Long Bay L
- [ ] 15. Long Bay O
- [ ] 15. Long Bay N
- [ ] 15. Long Bay G
- [ ] 16. Juniper North
- [ ] 16. Juniper South
- [ ] 17. Croton North
- [ ] 17. Croton South
- [ ] 18. Hibiscus North
- [ ] 18. Hibiscus South
- [ ] 19. Jacaranda North
- [ ] 19. Jacaranda South
- [ ] 20. Bay Upper
- [ ] 20. Bay Suite
- [ ] 21. Frangipani
- [ ] 22. Poinciana
- [ ] 23. Lily
- [ ] 24. Palmetto
- [ ] 25. Cedar
- [ ] 26. Morning Glory
- [ ] 27. Bluebird Upper
- [ ] 27. Bluebird Lower
- [ ] 28. Kiskadee Upper
- [ ] 28. Kiskadee Lower
- [ ] 29. Cardinal Upper
- [ ] 29. Cardinal Lower
- [ ] 30. Heron Upper
- [ ] 30. Heron Lower
- [ ] 31. Swallow Upper
- [ ] 31. Swallow Lower
- [ ] 32. Flamingo Upper
- [ ] 32. Flamingo Lower
- [ ] 33. Pegem
- [ ] 34. Dock Upper
- [ ] 34. Dock Middle
- [ ] 34. Dock Lower
- [ ] 35. Coburn
- [ ] 36. Mangrove Bay Lower
- [ ] 37. Les Rev Suite
- [ ] 37. Les Rev West
- [ ] 37. Les Rev Upper South
- [ ] 37. Les Rev Lower North
- [ ] 37. Les Rev Lower South
- [ ] 38. Easterly Suite
- [ ] 38. Easterly Upper
- [ ] 39. Oleanders
- [ ] 40. Sunrise
- [ ] 41. Symons
- [ ] 42. Galloway
- [ ] 43. Tatem
- [ ] 44. Vissenga North
- [ ] 44. Vissenga South
- [ ] 45. Gray North
- [ ] 45. Gray South
- [ ] 46. Hunt North
- [ ] 46. Hunt South
- [ ] 47. Gray North
- [ ] 47. Bay East
- [ ] 47. Garden Lea
- [ ] 47. Bay Lea

PUBLIC AREAS

- A. The Main House | Guest Reception, The Parlour, Repeat Guest Wall
- B. Pastel - Poolside Bar & Restaurant | Outdoor Pool
- C. Shoreline - Restaurant & Terrace
- D. Sunken Harbor Club - Restaurant & Bar
- E. Ocean Spa & Aquarian Baths | Indoor Pool, Hot Tub, Experience Suites, Gym
- F. Putting Green
- G. Croquet Lawn
- H. H2O Sports Marina (seasonal)
- I. Oleanders Cycles & Electric Car Rental Shop
- J. Breezes - Beach Bar & Grill (seasonal)
- K. Sundowners Lounge (seasonal)
- L. Seaview Gardens | Secret Garden, Chef's Garden, Seaview Lawn
- M. Moon Gate
- N. Sport Courts | Tennis, Pickleball, Basketball, Ping Pong
- O. Executive Boardroom
- P. Westerly Point

