

## GENERAL INFORMATION

FRONT DESK | 6:30am - 12:00am  
Dial ext. 0 or email  
frontdesk@cambridgebeaches.com  
IN CASE OF AN EMERGENCY outside Front Desk  
hours dial ext. 246

### CAMBRIDGE BEACHES PHONE NUMBERS:

Main Number | (441) 234 0331  
Guest Rooms | (441) 234-1516 + Room Number  
In-room Voice Mail | Dial 111 when light is blinking

### GIFT SHOP | 8:00am - 11:00pm (Main House)

### INFINITY & INDOOR POOL & FITNESS CENTER/GYM:

7:00am - 12:00am | Aquarian Baths  
7:00am - 5:00pm: The Indoor Pool is adults-only  
(13 years and up)  
5:00pm - 12:00am: Family-friendly, welcoming  
guests of all ages

=> Please do not reserve lounge chairs.  
Seating is first-come, first-served  
=> Swim at your own risk; no lifeguard on duty

### WI-FI ACCESS:

Network: Cambridge Beaches I  
Password: Bermuda441

### TAXIS & PUBLIC TRANSPORTATION:

Advance taxi bookings are required! Please  
contact our Front Desk Team with at least 30-  
min. notice or download the "Hitch" or "BTOA!"  
apps on your mobile device to book your own!  
For Bermuda's bus & ferry schedule,  
download ShoreLink.



### WATER STATIONS:

Stay refreshed throughout your stay! Water  
stations are conveniently located at Guest  
Reception, the Spa and Sports Courts.



# The Courier

## FOOD & BEVERAGE

### BREAKFAST

SHORELINE | 8:00am - 10:30am\*  
THE PARLOUR | Coffee & Tea 7:00am - 10:00am  
PASTEL | Coffee & Pastries 10:30am - 12:00pm

### LUNCH

PASTEL | 12:00pm - 5:00pm\*

### AFTERNOON TEA

THE PARLOUR | 4:00pm - 5:00pm  
Tea & Cookies (complimentary)  
High Tea (recommended to pre-order)

### DINNER

SUNKEN HARBOR CLUB | 6:00pm - 9:00pm\*  
PASTEL | 6:00pm - 9:00pm\*

Reservations are required. Dial ext. 0



### IN-COTTAGE DINING

Breakfast | 8:00am - 10:30am\*  
Cottage Menu 12:00pm - 9:00pm\*

Dial ext. 279 | Delivery Fee of \$5 per order  
\* Last order

### COCKTAILS

PASTEL | 11:00am - 9:00pm\*  
SUNKEN HARBOR CLUB |  
4:00pm - 11:00pm (Sunday - Thursday)  
4:00pm - 12:00am (Friday - Saturday)

## THINGS TO DO

Beach Cleanup - Collect a bag and gloves from  
the Front Desk  
Perks: A 4-Ocean bracelet as a thank-you gift  
and a complimentary Rum Swizzle or Dark &  
Stormy.



FOLLOW US and tag us in your posts!

#CambridgeBeaches @CambridgeBeaches I  
@SunkenHarborClubBermuda I @Pastel.Bermuda



## OCEAN SPA

10:00am - 5:00pm | Wednesday - Monday  
Dial ext. 241 | Closed on Tuesdays  
Aquarian Baths | Open Daily 7:00am -  
10:00pm | Adult Only from 7:00am - 5:00pm



Ocean Spa Special: 80-minutes Body M.O.T Morning  
or Afternoon Package \$234 inclusive of gratuities

Yoga Class | Sundays 8:30- 9:30 | \$20.00 per  
person | 60 - Minute Yoga Class with Instructor  
Jen | Sign up with the Front Desk | Mats provided  
in Cottage | Meet at the Front Desk located in the  
Main House by 08:20

## OLEANDER CYCLES

Scooter & electric car rentals | Adjacent to  
Main House | Open Daily 9:00am - 5:00pm  
Book online with QR code | Dial ext. 352 |  
www.oleandercycles.bm



## H2O SPORTS

Watersports rentals and private charters |  
Open by reservation (weather permitting)  
Tel. (441) 234-3082 |  
www.h2osportsbermuda.com



## ENTERTAINMENT

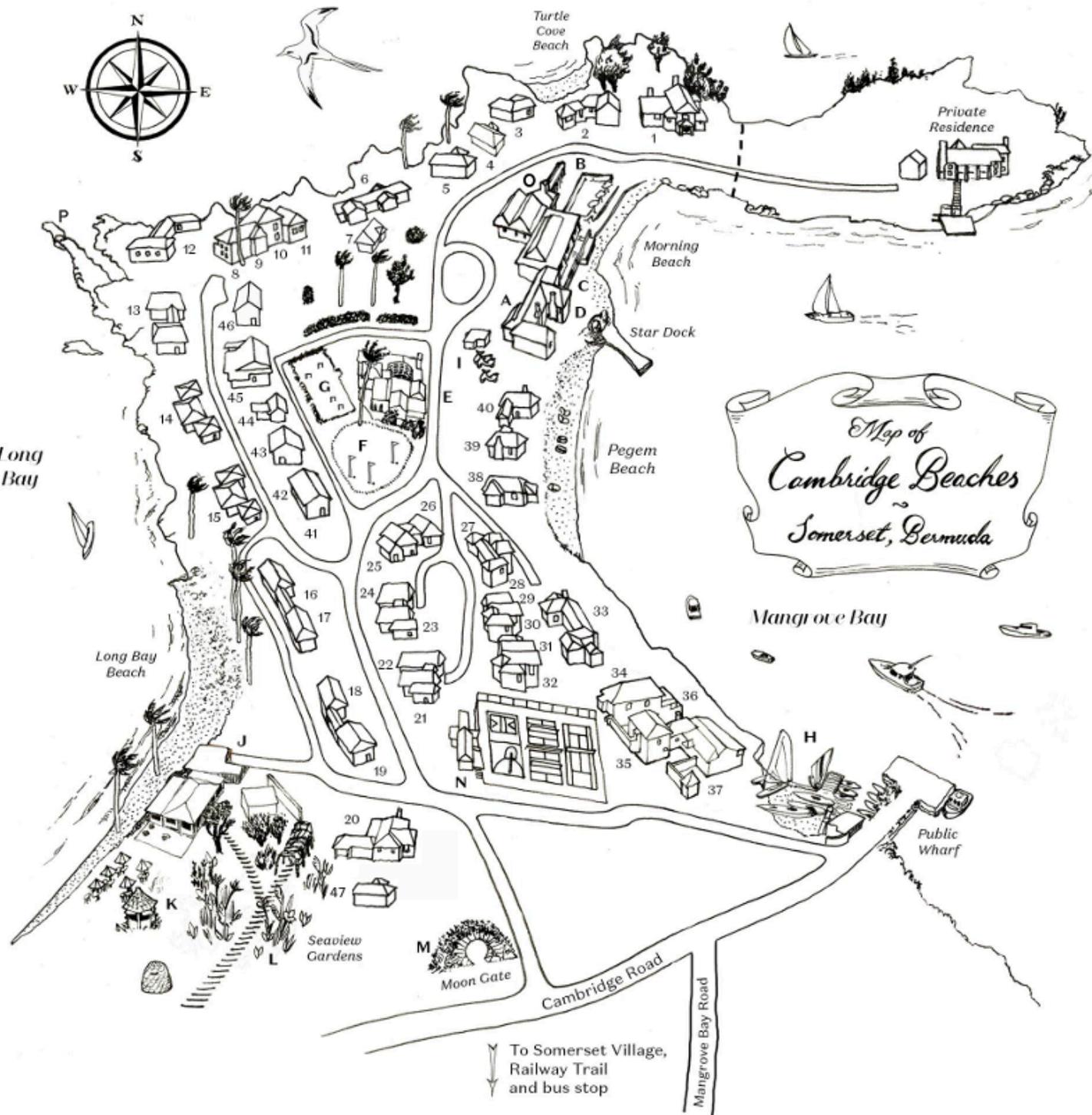
Sunday: Willy Robinson on the Guitar |  
12:00pm-3:00pm at Pastel

# Public Areas

- A. The Main House  
*Guest Reception, The Parlour, Repeat Guest Wall*
- B. Pastel - *Poolside Bar & Restaurant / Outdoor Pool*
- C. Shoreline - *Restaurant & Terrace*
- D. Sunken Harbor Club - *Restaurant & Bar*
- E. Ocean Spa & Aquarian Baths  
*Indoor Pool, Hot Tub, Experience Suites, Gym*
- F. Putting Green
- G. Croquet Lawn
- H. H2O Sports Marina (*seasonal*)
- I. Oleanders Cycles & Electric Car Rental Shop
- J. Breezes - *Beach Bar & Grill (seasonal)*
- K. Sundowners Lounge (*seasonal*)
- L. Seaview Gardens  
*Secret Garden, Chef's Garden, Seaview Lawn*
- M. Moon Gate
- N. Sport Courts  
*Tennis, Pickleball, Basketball, Ping Pong*
- O. Executive Boardroom
- P. Westerly Point

# Accommodations

- |                  |                   |
|------------------|-------------------|
| 1. Windswept     | 24. Palmetto      |
| 2. Turtle Cove   | 25. Cedar         |
| 3. North Rock    | 26. Morning Glory |
| 4. Bay Grapes    | 27. Bluebird      |
| 5. Sunset        | 28. Kiskadee      |
| 6. Longtail      | 29. Cardinal      |
| 7. Tamarisk      | 30. Heron         |
| 8. Skeeters      | 31. Swallow       |
| 9. Vanderpool    | 32. Flamingo      |
| 10. Emmet        | 33. Pegem         |
| 11. Maybury      | 34. Dock          |
| 12. Westerly     | 35. Coburn        |
| 13. Cove         | 36. Mangrove Bay  |
| 14. Daniels Head | 37. Les Rev       |
| 15. Long Bay     | 38. Easterly      |
| 16. Juniper      | 39. Oleanders     |
| 17. Croton       | 40. Sunrise       |
| 18. Hibiscus     | 41. Symons        |
| 19. Jacaranda    | 42. Galloway      |
| 20. Bay          | 43. Tatem         |
| 21. Frangipani   | 44. Vissenga      |
| 22. Poinciana    | 45. Gray          |
| 23. Lily         | 46. Hunt          |
|                  | 47. Lea           |



Accommodation Name: \_\_\_\_\_