

## GENERAL INFORMATION

FRONT DESK | 6:30am - 12:00am  
Dial ext. 0 or email  
frontdesk@cambridgebeaches.com

IN CASE OF AN EMERGENCY outside Front Desk  
hours dial ext. 246

HOUSEKEEPING | 8:00am - 10:00pm - Dial ext. 0

### CAMBRIDGE BEACHES PHONE NUMBERS:

Main Number | (441) 234 0331  
Guest Rooms | (441) 234-1516 + Room Number  
In-room Voice Mail | Dial 111 when light is blinking

GIFT SHOP | 8:00am - 11:00pm (Main House)

### INFINITY & INDOOR POOL & FITNESS CENTER/GYM:

7:00am - 12:00am | Aquarian Baths  
7:00am - 5:00pm: The Indoor Pool is adults-only  
(13 years and up)  
5:00pm - 12:00am: Family-friendly, welcoming  
guests of all ages

=> Please do not reserve lounge chairs.  
Seating is first-come, first-served

=> Swim at your own risk; no lifeguard on duty

### WI-FI ACCESS:

Network: Cambridge Beaches  
Password: Bermuda441

### TAXIS & PUBLIC TRANSPORTATION:

Advance taxi bookings are required! Please  
contact our Front Desk Team with at least 30-  
min. notice or download the "Hitch" or "BTOA!"  
apps on your mobile device to book your own!  
For Bermuda's bus & ferry schedule,  
download ShoreLink.



### HYDRATION WATER STATIONS:

Stay refreshed throughout your stay!  
Water stations are conveniently located at the  
Guest Reception, Indoor Pool and Sports Courts.  
A complimentary water is provided per guest on  
arrival. The tap water in your cottage is potable.



# The Courier

## FOOD & BEVERAGE

### BREAKFAST

SHORELINE | 8:00am - 10:30am\*  
THE PARLOUR | Coffee & Tea 7:00am - 10:00am  
PASTEL | Coffee & Pastries 10:30am - 12:00pm

### LUNCH

BREEZES | 12:00pm - 3:00pm\*  
BREEZES SNACK MENU | 12:00pm - 5:00pm\*  
PASTEL | 12:00pm - 5:00pm\*

### AFTERNOON TEA

THE PARLOUR | 4:00pm - 5:00pm  
Tea & Cookies (complimentary)  
High Tea (recommended to pre-order)

### MONDAY NIGHT BBQ BUFFET

SHORELINE | 6:00pm - 9:00pm\*

### DINNER

SUNKEN HARBOR CLUB | 6:00pm - 9:00pm\*  
(Closed on Monday)  
PASTEL | 6:00pm - 9:00pm\* (Closed on Mon & Tues)  
BREEZES | 6:30pm - 9:30pm\* (Closed on Tuesday)

Reservations are required  
Dial ext. 0 or Book online with QR code



### IN-COTTAGE DINING

Breakfast | 8:00am - 10:30am\*  
Cottage Menu | 12:00pm - 9:00pm\*

Dial ext. 279 | Delivery Fee of \$5 per order

### COCKTAILS

BREEZES | 12:00pm - 5:00pm\*  
PASTEL | 11:00am - 9:00pm\*  
SUNKEN HARBOR CLUB |  
4:00pm - 11:00pm (Sunday, Tuesday - Thursday;  
Closed on Monday)  
4:00pm - 12:00am (Friday - Saturday)

\* Last order

## THINGS TO DO

### BEACH CLEAN UP



Collect a bag and gloves from the Front Desk.  
As a thank-you gift, you'll receive a  
complimentary Rum Swizzle or Dark & Stormy!

### OCEAN SPA

DAILY | 9:00am - 5:00pm  
Dial ext. 241 or email spa@cambridgebeaches.com



### OLEANDER CYCLES

DAILY | 9:00am - 5:00pm  
Scooter & electric car rentals | Book online with QR  
code | Dial ext. 352 | www.oleandercycles.bm

### H2O SPORTS

DAILY | 9:00am to 6:00pm (weather permitting)  
Motorboats, kayaks, SUPs, sail boats rentals, and  
private charters | Guided snorkel tours on  
Wednesday and Friday.  
Book online with QR code.  
Call (441) 234-3082 for same-day bookings.  
www.h2osportsbermuda.com



### OPEN PICKLEBALL

DAILY | 8:30am to 10:30am (weather permitting)  
Beginners and experienced players welcome

### ENTERTAINMENT

MONDAY | 6:00pm-9:00pm  
DJ Uncle at Shoreline

WEDNESDAY | 6:00pm-9:00pm

Andrew Chamberlain on the Keyboard at Sunken  
Harbor Club

THURSDAY | 6:30pm-9:30pm

Mike Hind on the Ukulele at Breezes

SUNDAY | 6:30pm-9:30pm

Tony B on the Guitar at Breezes



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#CambridgeBeaches

Week: September 1-8, 2026



Map of  
Cambridge Beaches  
Somerset, Bermuda

### Resort Areas

- A. The Main House  
Guest Reception, The Parlour, Repeat Guest Wall
- B. Pastel - Outdoor Pool, Poolside Bar & Restaurant
- C. Shoreline - Restaurant & Terrace
- D. Sunken Harbor Club - Restaurant & Bar
- E. Ocean Spa & Aquarian Baths  
Indoor Pool, Experience Suites, Hot Tub, Gym
- F. Putting Green
- G. Croquet Lawn
- H. H2O Sports Marina
- I. Oleanders Cycle & Electric Car Rentals
- J. Breezes - Beach Bar & Grill (Seasonal)
- K. Sundowner Lounge (Seasonal)
- L. Tennis, Pickleball & Basketball Courts
- M. Board Room
- N. Parking & Electric Car Charging